

Email not displaying correctly? [View it in your browser.](#)



Member Spotlight



Did you know about the Jacksonville Arboretum & Gardens' rich history? From 1944 to 1961, the Humphries Gold Mining Company operated strip mines in the 120-acre property, now occupied by the Jacksonville Arboretum & Gardens. Despite its name, Humphries did not mine for gold but for minerals to make titanium. These mining activities severely impacted soils and vegetation in parts of the Jacksonville Arboretum, but these areas are recovering. Learn [more](#) about the Jacksonville Arboretum & Garden's history.

Upcoming Events

Duval County Food Policy Council

>WHAT IS HAPPENING?

Registration Now Open For the Duval County Food Summit

Let your voice be heard! Join the Duval County Food Policy Council for a public conversation to explore our food culture and its impact on our overall health. Chef Ann Cooper, *Renegade Lunch Lady*, will discuss how she works throughout the U.S. to change the way we feed our children. The forum takes place on Saturday, November 16 from 9:00 a.m. - 4:00 p.m. Registration is free, but you must RSVP [online](#).

Join AIA Jacksonville For A Conversation On Healthy Communities

Healthy community design links healthy homes, land use, transportation, community facilities, parks, and open space with health themes such as air and water quality, physical activity, public safety, healthy food access, mental health, and social equity issues. The increase in diagnoses may be due to an increase in the amount of time spent indoors and therefore greater exposure to dust mites and allergens; higher levels of air pollution; and limited access to quality healthcare. Transportation-related pollutants are one of the largest contributors to asthma symptoms, diminished lung function, heart attacks, adverse birth outcomes such as low birth weight, and increase risk for childhood cancer. Join AIA

Monthly Meeting

Thursday, October 24
 5:15 - 6:30 p.m.
 Florida Department of Health
 in Duval County
 900 University Boulevard North
 Suite 205
 Jacksonville, FL 32211

Spooktacular at the Zoo

October 25 - 31
 6:00 - 9:00 p.m.
 370 Zoo Parkway
 Jacksonville, FL 32218
 Visit HJCOPC.org for more
 information

AIA Jacksonville Monthly Meeting

Thursday, November 7
 6:00 - 9:00 p.m.
 WJCT Studios
 100 Festival Park Avenue
 Jacksonville, FL 32202
 Visit [AIA of Jacksonville](http://AIAofJacksonville) to register
 for the event

Art in Nature

Hosted by: Jacksonville Arboretum
 and Gardens
 Saturday, November 9
 9:00 a.m. - 3:00 p.m.
 1445 Millcoe Road
 Jacksonville, FL 32225

Duval County Food Summit

Saturday, November 16
 9:00 a.m. - 4:00 p.m.
 WJCT Studios
 100 Festival Park Avenue
 Jacksonville, FL 32202

[Healthy Jacksonville Childhood
 Obesity Prevention Coalition](#)

Monthly Meeting

Friday, December 13
 8:00 - 9:30 a.m.
 Nemours Children's Clinic
 807 Children's Way
 10th Floor Auditorium
 Jacksonville, FL 32207

Jacksonville for a conversation about the role
 designing a community plays into the health of its
 citizens on Thursday, November 7 from 6:00 -
 9:00 p.m. Register to [attend the event](#).

>WHAT IS AHEAD?**Happy Anniversary Jacksonville Arboretum & Gardens!**

On Saturday, November 9, the Jacksonville
 Arboretum & Gardens will celebrate its fifth
 anniversary with a family-friendly festival entitled
 Art in Nature. Approximately 25 sculptures will be
 placed along the trails, primarily around the Lake
 Loop, Jones Creek and the Ravine Trails. Visitors
 will see a diversity of artistic expressions, some
 made of natural materials that will decompose
 over time and others of more permanent
 materials, such as steel or wood. Visit
HJCOPC.org to learn more.

>DID YOU KNOW?**Make No Bones About It... You Can Have a Healthy Halloween**

As Halloween approaches and candy sales rise,
 youth and adults look forward to celebrating this
 spooky holiday. While Halloween is full of fun and
 fantasy, it doesn't have to be an unhealthy
 holiday. Take a break from the sugary treats by
[incorporating these healthy recipes](#) into your
 celebrations.

*Have a story for Bite-Sized News? Email [Jacquelyn Lowe](mailto:Jacquelyn.Lowe)
 For the latest Coalition news, events and community resources,
 visit HJCOPC.org and follow us on [Facebook](#) and [Twitter](#).*

Please note: In lieu of the November Coalition meeting, partners are encourage to attend the [Duval County Food Summit](#). We will resume our normal meeting schedule in December.

[forward to a friend](#) | [Find Us on Facebook](#) | [Follow Us on Twitter](#)

Copyright © 2013 Healthy Jacksonville, All rights reserved.



[unsubscribe from this list](#) | [update subscription preferences](#)